

# Lunch

## SANDWICHES & SUCH

*Served with a pickle spear and your choice of french fries **or** homemade chips.*

*Fresh fruit **or** a small house salad **or** a crock of our homemade soup may be substituted for .95*

### CAJUN CHICKEN

A zesty grilled chicken breast with melted cheddar cheeses, lettuce and tomatoes on a Brioche bun with our spicy ranch dressing. \$7.75

### PORTOBELLO QUESADILLAS

Marinated portobello mushrooms are the feature of this great quesadilla, with spinach, roasted red peppers, red onions, cheddar and feta cheeses. Served with our black bean soup. 7.75

### KAREN'S BLTE

The classic with apple smoked bacon, lettuce and tomato plus a fried egg, cheddar cheese and mayo on whole wheat toast. 7.25

### ROCK'N HAM & CHEESE

Hot shaved ham, yellow cheddar & Monterey jack cheese with dijon mayo on a toasted croissant. 7.25

### TENDERS PLATTERS

Lightly fried chicken tenders with BBQ sauce and honey mustard. 8.75

### MAUI CHICKEN

Marinated, charbroiled chicken breast, roasted red pepper mayo, provolone cheese topped with pineapple pico. On a whole wheat bun. 7.50

### FAMOUS CHICKEN OR TUNA SALAD

Homemade chicken **or** white Albacore tuna salad, lettuce and tomatoes on a toasted croissant. 6.85

### CALIFORNIA CLUB

Shaved turkey, white cheddar, apple smoked bacon lettuce, tomato, avocado and mayonnaise, on toasted whole wheat bread. 7.65

### BUFFALO CHICKEN

Lightly fried chicken breast basted with our spicy buffalo sauce on a Brioche bun with lettuce, mayo and a side of bleu cheese dressing. 7.65

### CHICKEN QUESADILLAS

We use fresh char grilled chicken breast, pico de gallo and cheddar cheeses. 7.75

### HOT! PASTRAMI

Hot lean pastrami, melted baby swiss with red onions and dijon mayo on marbled rye. 7.50

### GRILLED CHICKEN

Grilled chicken breast, lettuce, tomato and mayo. Served on a whole wheat bun. 6.95

**With bacon & swiss cheese. 7.65**

## SPECIALTY BURGERS

*A half pound of freshly ground lean beef served with a pickle spear and your choice of french fries **or** homemade chips.*

*Fresh fruit **or** a small house salad **or** a crock of our homemade soup may be substituted for .95*

*Served on your choice of a Brioche bun or WholeWheat bun.*

### BLEU CHEESE BURGER

Melted bleu cheese crumbles, apple smoked bacon, lettuce, tomatoes, onions, pickles and mayo. 7.85

### MUSHROOM & SWISS

Sautéed mushrooms, swiss cheese, tomatoes, lettuce and mayonnaise. 7.55

### BUFFALO BURGER

A lean half pound of ground buffalo topped with lettuce, tomatoes, onions, pickles, mustard and mayo. 8.25

**With cheese add .75**

### GARDEN BURGER <sup>TM</sup>

The classic Garden burger. We serve it on a whole wheat bun with low fat cheese, lettuce, tomatoes and Dijon mayo on the side. Accompanied by fresh seasonal fruit. 6.65

### CHEESEBURGER

Your choice of cheese with mustard, mayo, lettuce, onion, tomato and pickles. 7.25

**With apple smoked bacon add 1.25**

### TRUE MUSHROOM BURGER

We grill a hearty portobello mushroom and top it with smoky provolone cheese. Served with lettuce, tomatoes and roasted red pepper mayo on the side. 7.25

### PATTY MELT

Our delicious hamburger patty with grilled red onions and swiss cheese on grilled marble rye bread. 7.50

### BASIC BURGER

Mustard, mayo, lettuce, onion, tomato and pickles. 6.80

## PASTA

*All pastas are served with a small house salad and bread.*

### PASTA LEPEEP

Penne pasta with grilled chicken, Italian sausage, roma tomatoes, fresh jalapenos and black beans in a creamy parmesan sauce. 8.75

### ZYDECO

Penne pasta with Cajun grilled chicken, black beans, roasted corn and bell peppers in a creamy Pomodoro Sauce. 8.75

### GRILLED CHICKEN & MUSHROOMS

Penne pasta tossed with grilled chicken and sautéed mushrooms in a creamy parmesan sauce. 8.75

### PRIMAVERA

Penne Pasta with fresh veggies tossed in a marinara sauce. 7.35

**Substitutions will be charged accordingly.**

## SIGNATURE SALADS

All salads are served with a bread stick and your choice of Honey Mustard, Peppercorn Ranch, Blushwine Vinaigrette, Sesame Ginger Vinaigrette, Bleu Cheese, Italian, Fat Free Ranch, Fat Free Thousand Island or Vinaigrette.

### SONOMA SALAD

Crisp salad greens and grilled chicken are the basis for this great salad featuring crisp apples, sweet pecans, cucumbers, tomatoes, shaved red onions, apple smoked bacon and crumbled bleu cheese tossed in a blush wine vinaigrette. 8.35

### GRILLED CHICKEN TOSS

Grilled chicken breast, crisp salad greens, mixed cheeses, diced apple smoked bacon, chopped eggs, roasted sweet pecans, cucumbers, croutons and tomatoes. 8.25

### CHICKEN CAESAR

Crisp romaine, croutons, creamy caesar dressing and grated parmesan tossed with seasoned grilled chicken. 7.85

### SOUTHERN CHICKEN TOSS

Lightly fried chicken tenders, apple smoked bacon, mixed cheeses, chopped egg, roasted sweet pecans, tomatoes, cucumbers and croutons on fresh salad greens. 8.25

### ORIENTAL

Grilled chicken breast, romaine lettuce, green onions, red bell peppers, broccoli, almonds, and mandarin oranges in a sesame ginger vinaigrette. Topped with fried won tons. 8.75

### DELI SALAD

Shaved ham, turkey and pastrami, apple smoked bacon, mixed cheeses, chopped egg, tomatoes, cucumbers, and croutons on fresh salad greens. 7.95

### HOMEMADE CHICKEN OR TUNA SALAD

Two large scoops of our white meat chicken or Albacore tuna salad atop fresh greens. 7.25

Try a combination of both. 7.25

### SANTA FE

Grilled chicken, tortilla strips, roasted corn & black bean salsa, mixed greens, diced avocado, cilantro and tomatoes tossed with a honey lime vinaigrette dressing. 7.95

## HOMEMADE SOUPS & LIGHTER FARE

Soups are available by the **crock 3.75** and by the **jumbo bowl 5.75** and are served with a bread stick.

### GRILLED CHICKEN TORTILLA

We start with fresh flavorful chicken and corn stock to create a great and classic tortilla soup.

### BLACK BEAN

Chock full of veggies including carrots, celery, onions, cilantro, sweet roasted red peppers and spices make this black bean soup a vegetarian delight.

### BAKED POTATO

Thick, creamy and full of potato flavor. Topped with bacon, cheddar cheeses and chives.

### TOMATO BASIL

Full of fresh tomatoes, cream and basil! This classic flavor combination is a must have.

### SOUP & SALAD OR HALF SANDWICH

Your choice of any two of our half salads or half sandwiches listed below, or a crock of one of our Homemade Soups listed above. 7.65

#### 1/2 SALADS

Chicken Caesar  
Traditional House  
Grilled Chicken Toss

#### 1/2 SANDWICHES

California Club  
Hot Pastrami  
Chicken or Tuna Salad

## GREAT DESSERTS

### HOT APPLE CRUNCH

Hot cinnamon apples topped with a streusel crunch, caramel sauce & homemade vanilla ice cream. 4.85

### BROWNIE BOTTOM SUNDAE

A warm rich chocolate brownie topped with homemade vanilla ice cream drizzled with caramel and chocolate sauces. 4.85

## BEVERAGES

### Fresh Squeezed Orange & Grapefruit Juice

Regular 1.85 Large 2.85  
Half Liter 3.85 Full Liter 6.35

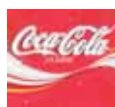
Cranberry, Natural Apple, Tomato, Cran-Apple, Cran-Orange & V-8  
Regular...1.85 Large...2.85

Milk, Whole, Chocolate or Skim  
Reg. \$1.55 Lg. \$2.60

### Bottomless Pot of Coffee (per person)

House Blend (Regular or Decaf) 1.95  
French Roast 2.55

Herbal & Flavored Teas..... assorted selections  
Freshly Brewed Iced Tea, Soft Drinks & Hot Chocolate  
\$1.95



Meat free favorites

15% gratuity added to parties of 6 or more.